# **Senior Living Checklist**

As you and your parent or family member consider potential senior living communities, use this helpful document to guide conversations, make notes and stay organized.

Community	Phone number
Contact Address	
Parent's must-haves	
First impression and tour	
Surroundings	Notes
The grounds, landscaping and building exterior are well-maintained	
The community is clean, attractive and odor-free	
There are walking paths and outdoor spaces to enjoy	
You can easily picture your parent living here	
Residents	
Residents are gathered throughout common areas and participating in activities	
Residents appear happy and engaged	
Staff	
You were warmly greeted immediately upon entering	
Staff is friendly, professional and knowledgeable	
Staff is kind to residents and knows their names	
What types of training do employees receive?	
What is the average length of employee and management tenure?	

#### Amenities and services

#### Personal care

24-hour assistance with	bathing,	grooming
and getting dressed		

Customizable care for chronic and/or progressive conditions

Incontinence management

- Mealtime assistance
- Medication assistance
- On-site physical or occupational therapy
- Staff has experience with health conditions such as

## Community services and amenities

- 24-hour staff and security
- Calendar of events
- Dining (quality and variety, three meals per day, accommodations for special diets, etc.)
- Elevator
- Fitness center
- Housekeeping and linen services
- Laundry facilities
- Licensed nurse and/or physician on-site
- Religious services/observances
- Salon and barber shop
- Transportation

Other:

Other:

Notes		

### **Costs and financials**

Monthly rent	\$	Notes
Buy-in fee	\$	
Security deposit	\$	
Second resident fee	\$	
Pet fee	\$	
Recurring monthly fees (meals, etc.)	\$	
Other:		
	\$	
Length of lease	○ Long-term ○ Month-to-month	
What are the billing and payment options?		
Do fees change? If so, how often?		

## Other considerations

The community has a quality assurance program
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The community has a plan for natural disasters and other emergencies

The community has a waiting list

How does the community help older adults make the transition to their new home?

Is there a move-out policy?

How close is the nearest hospital?

What aspects of the community or tour stood out the most?

What are your thoughts, feelings and observations after your visit? Was your overall impression positive or negative?

Rate the community from 1-10: \_



Notes		