



## Assessing the home for safety and modifications

Use this checklist while assessing and modifying your parent's home for safety.

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|---|--|
| <input type="checkbox"/> Check lighting and be sure light switches are easy to locate and use               | <input type="checkbox"/> Install stairlift   |
| <input type="checkbox"/> Check smoke and carbon monoxide detectors  | <input type="checkbox"/> Label hot and cold clearly on all faucets                               |
| <input type="checkbox"/> Clear doorways and pathways of clutter, small furniture, electrical cords, etc.    | <input type="checkbox"/> Make sure medication is properly labeled; throw away expired medication |
| <input type="checkbox"/> Install a raised toilet seat   | <input type="checkbox"/> Post emergency information by the phone or on the refrigerator          |
| <input type="checkbox"/> Install grab bars in bathrooms and near closets or beds in bedrooms                | <input type="checkbox"/> Program the phone with 911 on speed dial                                |
| <input type="checkbox"/> Install non-slip mats in the kitchen, bathroom and other areas exposed to moisture | <input type="checkbox"/> Remove or tack down loose rugs  |
| <input type="checkbox"/> Install rails along stairs and hallways  | <input type="checkbox"/> Remove wobbly, unstable furniture                                       |

## Increasing safety and accessibility

Consider the following common assistive devices and items to help your parent. Inspect all equipment your parent may have for safety and functionality. Replace any damaged, outdated or unsafe devices. Talk to your parent's health insurance provider about purchases that may be covered under their plan.

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|--|---|
| <input type="checkbox"/> Bedside toilet                    | <input type="checkbox"/> Shower chair       |
| <input type="checkbox"/> Cane                              | <input type="checkbox"/> Tripod             |
| <input type="checkbox"/> Medical alert bracelet or pendant | <input type="checkbox"/> Walker or rollator |
| <input type="checkbox"/> Reaching aid                      | <input type="checkbox"/> Wheelchair         |

### Notes
