

LOOKING FORWARD



BEER TASTING

Date / SUNDAY 6.2

Time / NOON

Location / COURTYARD

Gather with your neighbors to sample a variety of local craft brews. From lagers and fruit beers to IPAs and stouts, there's something for every palate.



WHAT WE KNOW ABOUT THE BRAIN (AND WHAT WE DON'T)

Date / SATURDAY 6.15

Time / 10:50 AM

Location / MOVIE THEATER

Journey deep into the brain, the mind and the self as Professor Jessica Payne of the University of Notre Dame reveals startling and exciting recent findings from the world of neuroscience.



TARZANA LUAU CELEBRATION

Date / FRIDAY 6.21

Time / 6 PM

Location / COURTYARD

Kick off your summer with an evening filled with tiki cocktails, mouthwatering Hawaiian dishes, an imu pig ceremony, live ukulele music and a hula dance show and workshop.



MOLECULAR MIXOLOGY COCKTAIL PARTY

Date / FRIDAY 7.5

Time / 4 PM

Location / ENGAGE LIFE CENTER

Our cocktail party will lead you into the world of molecular mixology using highly innovative tools to create unique beverages in this hands-on experience.



FESTIVAL OF LANGUAGES: CULTURES AROUND THE WORLD

Date / THURSDAY 7.18

Time / 3:30 PM

Location / LIBRARY

Learn to write your name in Arabic, American Sign Language, Japanese, Russian and more while exploring culinary tastings from cultures around the world.



COMMUNITY POETRY READING

Date / WEDNESDAY 7.24

Time / 7:30 PM

Location / LIBRARY

Bring your own poetry to read, your favorite poem to recite or compose one on the spot at our community poetry reading.

SOCIAL CONNECTION & ENTERTAINMENT

LIFELONG LEARNING & INTELLECTUAL STIMULATION

HEALTH & PHYSICAL FITNESS

CIVIC & PROFESSIONAL INVOLVEMENT

CREATIVE EXPRESSION & THE ARTS

RELIGIOUS & SPIRITUAL FELLOWSHIP



Programs & Events



A guide to social functions, fitness offerings and cultural events at Atria Tarzana.



THE LANGUAGE OF FLOWERS

Date / WEDNESDAY 5.1

Time / 3 PM

Location / LIVING ROOM

Learn the fascinating history of floriography and the Victorian tradition of sending coded messages through the gifting of flowers. Then, create your own unique boutonniere or corsage arrangement.





BREAKFAST AT TIFFANY'S  
BRUNCH LECTURE

Date / THURSDAY 5.9

Time / 11 AM

Location / MOVIE THEATER

“Did I tell you how divinely and utterly  
happy I am?”

If you love the movie *Breakfast at Tiffany's*,  
you are going to love this event. A film  
historian from UCLA will present the history  
behind the movie that is loosely based on  
Truman Capote's 1958 novella. Enjoy a  
delicious brunch and sip on mimosas while  
watching clips from this classic movie.



GUIDED MEDITATION WORKSHOP

Date / TUESDAY 5.14

Time / 2 PM

Location / LIBRARY

Meditating as a group is uniquely powerful  
as the shared intention of the group elevates  
each individual. Whether you're experienced  
or just beginning, guided meditation can relax  
your mind, reduce stress and anxiety, improve  
sleep, and bring more mindfulness to every  
aspect of your life. You'll learn how to calm  
your thinking with breathing exercises that will  
enhance your mind-body connection. Please  
wear comfortable clothing.

- SOCIAL CONNECTION & ENTERTAINMENT
- LIFELONG LEARNING & INTELLECTUAL STIMULATION
- HEALTH & PHYSICAL FITNESS

- CIVIC & PROFESSIONAL INVOLVEMENT
- CREATIVE EXPRESSION & THE ARTS
- RELIGIOUS & SPIRITUAL FELLOWSHIP

WEEKLY SAMPLE EVENTS

- DAILY

CARDIO EXPRESS  
Daily / 10 AM / Fitness Center

HAPPY HOUR MIXER  
Daily / 4:30 PM / Courtyard

EVENING FILM WATCH PARTY  
Daily / 7:45 PM / Movie Theater
- SUN.

COMMUNITY RANDOM ACTS OF KINDNESS  
Sundays / 11 AM / Engage Life® Center

LIVE ENTERTAINMENT  
Sundays / 3:30 PM / Courtyard

BARRE CIRCUIT  
Sundays / 6 PM / Fitness Center
- MON.

AROMATHERAPY  
Mondays / 11 AM / Engage Life Center

STOCK MARKET WATCH  
Mondays / 2 PM / Library

EXPLORING LITERATURE  
Mondays / 3 PM / Library

TRIP TO TARZANA VILLAGE  
Mondays / 4:30 PM / Meet in Lobby
- TUE.

BALLROOM DANCING  
Tuesdays / 10 AM / Fitness Center

GLASS FUSION JEWELRY DESIGN  
Tuesdays / 11 AM / Engage Life Center

TRUE STORIES IN 100 WORDS  
Tuesdays / 12:30 PM / Library

OPERA APPRECIATION  
Tuesdays / 2:30 PM / Movie Theater
- WED.

AMERICAN HISTORY LECTURE  
Wednesdays / 2 PM / Movie Theater

BRIDGE GAMES  
Wednesdays / 3 PM / Engage Life Center

THEATER GROUP MEETING  
Wednesdays / 4 PM / Movie Theater

TOY MAKING FOR ANIMAL SHELTER  
Wednesdays / 5 PM / Engage Life Center

- THU.

TRIVIAL PURSUITS  
Thursdays / 10 AM / Library

CROCHETING FOR A CAUSE  
Thursdays / 11 AM / Engage Life Center

GRAYSCALE PORTRAIT WORKSHOP  
Thursdays / 3:30 PM / Engage Life Center

CLASSIC SHORT STORIES  
Thursdays / 6:45 PM / Library

POKER TOURNAMENT  
1st & 3rd Thursday / 2 PM / Engage Life Center

MEN'S CLUB  
2nd & 4th Thursday / 11:30 AM / Movie Theater
- FRI.

THE WEEKLY: CURRENT EVENTS  
+ GLOBAL NEWS TODAY  
Fridays / 9 AM / Coffee Bar

POWER WALK URBAN STROLL  
Fridays / 10 AM / Meet in Lobby

UCLA WRITING WORKSHOP  
Fridays / 11 AM / Engage Life Center

CANASTA  
Fridays / 2 PM / Living Room

IMAGINE VACATION – GOOGLE  
EXPEDITIONS  
Fridays / 3:30 PM / Engage Life Center
- SAT.

POETS & POETRY  
Saturdays / 11 AM / Engage Life Center

L'AUTRE CLUB FRANÇAIS  
Saturdays / 2 PM / Engage Life Center

LIVE ENTERTAINMENT  
Saturdays / 3:30 PM / Courtyard