



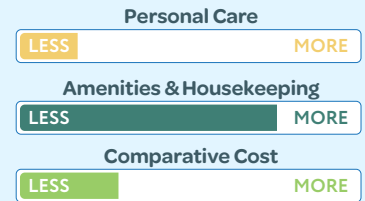
A helpful guide to senior living options



Are you able to age in place?
Scan to find out.

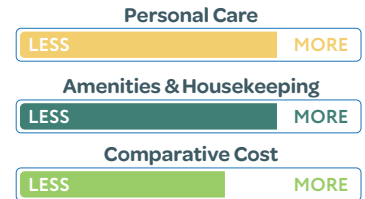
Independent living

Apartment communities offering housekeeping, dining, events, transportation and more – usually for one, all-inclusive rate.



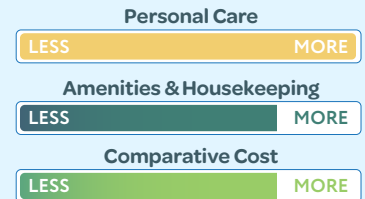
Assisted and supportive living

Similar to independent living, plus daily personal support with bathing, grooming, getting dressed and taking medications.



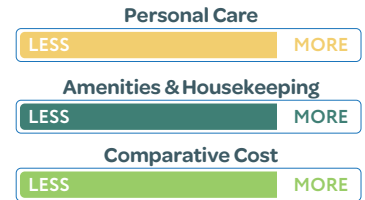
Memory care

Secure, structured communities offering specialized care for those living with Alzheimer's and other forms of dementia.



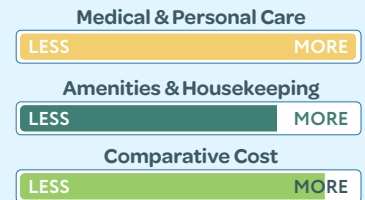
Residential care homes

Traditional private homes adapted to offer care services to a small group of residents (no more than 15). Short- and long-term care available.



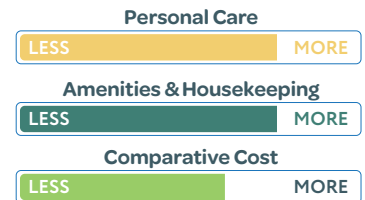
Skilled nursing

Also called nursing homes, such facilities provide 24-hour medical care, rehabilitation assistance, pain management and hospice.



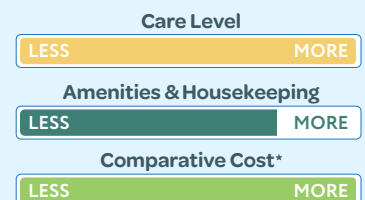
Short-term respite or retreat stays

Temporary stays for those recovering from surgery or illness. No skilled medical services provided.



Continuing care retirement communities (CCRCs)

Offer a continuum of care, from independent to assisted living and skilled nursing, without the need to move.



*CCRCs often require a sizable entrance fee in addition to monthly rental costs.