

Sample Menu

Below are just a few examples of the culinary options available to you each and every day at Atria.
To see the current full menu, ask your Community Sales Director.

Breakfast

Slow-Cooked Oatmeal

with toasted walnuts, cinnamon, and raisins

Buttermilk Pancakes

served with warm maple syrup and butter

Denver Omelet

ham, peppers, onion and cheddar cheese served with crisp breakfast potatoes and choice of fresh cut fruit, applewood smoked bacon or chicken sausage and assorted breads

Lunch & Dinner

Atria House Salad

seasonal mixed greens, cherry tomatoes, carrots, chickpeas and toasted walnuts with balsamic vinaigrette

Oven-Roasted Atlantic Salmon Filet

jasmine rice, shaved brussels sprouts and apple cider reduction

Classic Cheeseburger

grilled all-beef patty with sliced tomato, lettuce, American cheese and sesame seed bun

Pan-Seared Beef Tenderloin

mashed Yukon potatoes, grilled asparagus and chimichurri sauce

Dessert

Warm Banana Bread Pudding

chocolate chunks and caramel sauce

Blackberry Crumble

brown sugar and toasted almond topping, served with vanilla ice cream

 Atria SENIOR LIVING

Sample menu, subject to change.